



Menu

Sandwiches

Bacon, Lettuce and Tomato (BLT)	\$5.99
Boca Burger	\$5.99
Bologna	\$5.99
Cheese (any cheese listed below)	\$5.99
Chicken Breast	\$5.99
Chicken Salad	\$5.99
Egg Salad	\$5.99
Falafel	\$5.99
Garden Burger	\$5.99
Ham	\$5.99
Meatloaf	\$5.99
Hummus	\$5.99
Mortadella	\$5.99
Pastrami	\$5.99
Roast Beef	\$5.99
Italian Salami	\$5.99
Tuna	\$5.99
Tuna and Egg	\$5.99
Turkey	\$5.99
Vegetable Burger	\$5.99
Vegetarian	\$5.99

(All sandwiches include choice of mustard, spicy mustard or Dijon, mayonnaise (two kinds), pickles, romaine lettuce, red onions and jalapenos - pepperchinis on request)

Breads

Rolls: Dutch Crunch, Sourdough, Sweet, Wheat
Sliced: Rye, Wheat and White

Cheeses

American, Cheddar, Gouda, Monterey Jack, Mozzarella, Pepper Jack, Provolone, and Swiss

Extras

Cheese:	\$0.79
Avocado:	\$0.79
Meat:	\$1.00
Bacon:	\$1.00

Salads

- Avocado and Romaine Lettuce**
- Bell Pepper** (red and green bell peppers, romaine lettuce, black olives and Italian dressing)
- Blue Cheese and Pecans**
- Broccoli and Carrots** (w/ranch dressing)

Soups

Monday:	Vegetarian Vegetable
Tuesday:	Chicken Noodle
Wednesday:	Lentils, Noodles & Carrots
Thursday:	Minestrone
Friday:	Italian Wedding (<i>spinach meatballs and parmesan rice</i>)
Small cup:	\$3.50
Large cup:	\$4.50

Mediterranean

Dolmas	\$0.75
Falafel	\$0.75
Kidra Rice (rice, almonds and garbanzo beans)	Sm. \$3.65 Lg. \$4.65
Lentils and Rice	Sm. \$3.65 Lg. \$4.65
Mediterranean Plate (includes hummus, falafel, lentils and rice, tahini and tabouleh salads and dolmas)	\$6.90
Tabouleh (cracked wheat, parsley, tomatoes with lemon and olive oil)	Sm. \$3.65 Lg. \$4.65
Tahini Salad (cucumbers, tomatoes and parsley with lemon)	Sm. \$3.65 Lg. \$4.65

Specials

American Hoagie (ham, bologna, salami, American cheese, mustard & mayo and vegetables)	\$7.99
BFS - Big Fat Sandwich (choice of three types of meats and two cheeses)	\$7.99
House Special (hot pastrami and Swiss cheese on Pita with avocado and the works)	\$7.99
Italian Hoagie (ham, Italian salami, mortadella, Provolone cheese, oil vinegar & oregano and vegetables)	\$7.99
Roasted Chicken (half chicken with choice of salad and bread)	\$7.99
Fifth Avenue (Beef or Italian salami, cream cheese, cucumber, lettuce, tomato, pickles and choice of peppers)	\$7.99

Catering for All Occasions

**We Deliver
(Minimum \$25.00 order)**

**Ask about our Frequent Buyer Program
(Buy 9 Sandwiches and Get 1 Free)**

Caesar (romaine lettuce, croutons, parmesan cheese)

Chicken (free-range pulled rotisserie)

Fruit

Egg

Garden Greens (romaine lettuce, tomatoes, and cucumbers with oil, vinegar and oregano)

Greek (romaine lettuce, feta cheese, olives, red onion and house dressing)

Hummus

Kidra Rice (rice, almonds and garbanzo beans)

Lentils and Rice

Pesto Pasta

Potato

Tabouleh (cracked wheat, parsley, tomatoes with lemon and olive oil)

Tahini (cucumbers, tomatoes and parsley with lemon)

Tuna

Small Salad: \$3.50

Large Salad: \$4.50

Three Salads: \$5.99

Five Salads: \$7.99

Try our Daily Specials (\$6.90 plus tax)

1. Any *regular* sandwich with select chips and a can of soda
2. Any *regular* sandwich with small soup or small salad
3. Mediterranean Plate

